

# THE OPEN DOOR

VOLUME 5, ISSUE 9 SEPTEMBER 2008

## FROM THE PASTOR

If you haven't done so already, I hope you will take an opportunity to tour Bethel's new building project after church on September 7, a tour that members of the Design and Development Team will lead. We continue to be indebted to Gary Griffith, Ken Dungan and all the outstanding members of this Team who have spent countless hours pouring over details and ensuring nothing less than excellence in the completion of the project.

Many of you are asking – "When will we get back into Bethel?" I can report, if all goes well, that we are on schedule to return by this coming Thanksgiving! When Gary took us over onto the new second floor after last week's Wednesday night supper, I was truly astounded by the progress as well as the incredible size of the new spaces we will have at our disposal – the offices, gathering spaces, and expanded fellowship hall, for instance, are much larger than I had imagined from simply studying the architect's plans. While I have been observing daily progress from just outside the construction zone, seeing the new structure "up close and personal" made me realize anew just how blessed we are that God has asked us to further the ministry of Christ and the Church in this fashion.

It is not every congregation that has the resources, vision, and faith to make a project of this magnitude go forward, and every member and friend of Bethel Presbyterian should thank God for this once-in-a-lifetime opportunity. Not only have we had many "wows!" and "amazings!" from folks in the larger Kingston community, but quite a few of our own members have commented about the way the new design retains the best of the old while meeting the needs of a 21<sup>st</sup> Century congregation. Like many things in life and faith, first-hand looks and personal experience are far more convincing and gratifying than second-hand reports, so please stop by and see how far we've come.

One of the unanticipated blessings of this whole experience is the vibrant witness to oneness in the body of Christ that we and our Methodist friends have offered to Kingston and Roane County. Bethel's Session currently exploring ways to continue this partnership

beyond the time of our return, and we welcome your suggestions about how we can share in a common call to ministry and service. If you have ideas you'd like for us to pursue, contact elders Joe Coen, Carol Brown, Julie Bunch, or myself; there is a similar team of folks from Kingston United Methodist discussing this partnership. We appreciate your prayers as we address a number of very important issues in the coming months and as we build on the foundation of Bethel's 190 years of worship and witness.

In Partnership with One Another and with Christ,

Marc Sherrod, Pastor



### Session Highlights

- Approved the recommendation for Denise Martin to be Bethel's part-time youth minister and expressed gratitude for Greg Murr's time of service
  - Recent special offerings included over \$400 each for the Living Waters for the World and for Hands of Mercy Food Pantry (plus 75 bags of groceries with KUMC for this food ministry)
  - Building Fund expenses paid thus far are \$543,163 with cash-on-hand in the fund of \$173,527 and remaining pledges receivable of \$172,574.
  - Our Fall Stewardship Commitment emphasis for 2009 will be a joint effort with KUMC
  - A search committee for a new organist/accompanist for Bethel will be chaired by Laura Walker
  - Affirmed the continuation of the Parish Associate relationship (unpaid) with Rev. Patricia Harvey, with her emphasis that of assisting the Evangelism Committee
  - Elder Phil Walsh will lead a review of the two current capital fund campaigns, with the one for 2005-2008 ending in four months
- Session will continue to meet following the 10:30 worship service, a called meeting on September 7 and stated meeting September 21.

*Bethel Presbyterian Church — a community of faith,  
fellowship, study and service...seeking God's peace, justice, and love.*

**FROM THE PARISH NURSE**

Happy September! This month I have chosen a topic that has been in the newspapers quite a bit lately. Unfortunately, it is a subject that is once again putting Roane County in the crime spotlight. What is Methamphetamine? *RN* magazine states in its May 2008 issue: "It is a federal Drug Enforcement Administration schedule II drug, which means it has a safe and accepted medical use. Methamphetamine, or Meth, is a psychostimulant used to treat attention-deficit disorder, narcolepsy and morbid obesity." For a lot of people meth is the street drug of choice because it is less expensive and has longer-lasting effects than crack cocaine.



In researching this fascinating drug, I found that Meth had been used in the 1930's as an additive to nasal decongestives and bronchial inhalers for the treatment of bronchial asthma.

In the 40's the War Department used Meth as a stimulant to keep soldiers and pilots alert and combat ready. In the 1950's Methamphetamine was used to treat alcoholism, Parkinson's disease and depression.

In today's society this drug has taken on a new notoriety because it is cheap, and relatively easy to make. Therein lays the double edged sword: Recreational use can lead to addiction after only a single dose, if the dose is high enough. Use alters the user's physical appearance markedly within a short amount of time. The addicted person feels a sensation like bugs crawling on their skin and they will scratch their skin incessantly leaving tell-tale scabs or scars on their bodies where they scratch. In addition, the lithium, lye, and ammonia needed to make Meth causes dental caries so the addict's gums bleed and teeth rot. Oh, and did I mention that they use brake fluid, antifreeze and paint thinner in the manufacture of this drug? I am surprised more people in Roane County are not killed by Meth or in Meth labs. Once a lab is discovered and shut down it is virtually uninhabitable again as the chemicals permeate building materials and state law requires assessment and clean-up of contaminated sites, and the deed must be changed to reflect that a Meth lab once existed on the property. Anyone wishing more information on Meth and its health effects, please feel free to contact me at: 376-6340.

To your health.....Deb

**PRAYER CONCERNS****Area Hospitals:**

Cecil Murr, brother of Greg, in Fort Sanders  
Marie Standridge (mother of David Standridge and Kathy Francis) in Roane Medical Center

**Assisted Living and Nursing Homes:**

Jamestown 851 Lawnville Road, Kingston 37763

Nelle Griffith Room 206

Louise Pickel Room 209

Mac Robbins Room 305

Anne Smith Room 313

Wellington Place 1098 Bradford Way, Kingston 37763

Joan Pemberton Room 306B

Jan Parker Room 107

Baptist Healthcare 700 Williams Ferry Rd 45 Lenior City 37771

Evelyn Waldrup Room 42A

Rockwood Healthcare 5580 Roane State Hwy Harriman 37748

Roberta Cash Room 132B

Margaret True Room 212B

Gene Pierce Room 114

Harriman Healthcare 240 Hannah Rd Harriman 37748

Ruby Hunter Room 305A

Ann Robertson Room 502

NHC Oakridge 300 Laboratory Rd Oak Ridge 37830

Wanda Carter Room 212

Doris Barber Room 108

Lucy Webb Room 119

**At Home:**

Jane Pickel, Dot and Al Davis, Marnie Shields, Edith Miles, Henry & Carolyn Tulley, Madge Benfield, Sabrina Miller Montgomery, Brenda Bunch, Danny Skinner, Molly Cooper, Glenda True Everett (P.O. Box 473, Kingston 37763)

**In the military:**

Jason Brown

**5 MINUTE CHOCOLATE MUG CAKE**

4 tablespoons cake flour (plain flour, not self-rising)

4 tablespoons sugar

2 tablespoons baking cocoa

1 egg

3 tablespoons milk

3 tablespoons oil

3 tablespoons chocolate chips (optional)

a small splash of vanilla

1 coffee mug

Add dry ingredients to mug, and mix well. Add the egg and mix thoroughly. Pour in the milk and oil and mix well. Add the chocolate chips (if using) and vanilla essence, and mix again.

Put your mug in the microwave and cook for 3 minutes at 1000 watts. The cake will rise over the top of the mug, but don't be alarmed!

Allow to cool a little, and tip out onto a plate if desired. EAT! (this can serve 2 if you want to feel slightly more virtuous).

And why is this the most dangerous cake recipe in the world?

Because now we are all only 5 minutes away from chocolate cake at any time of the day or night!

(recipe provided by Carolyn Gilliam)

## MISSION OUTREACH

### SEPTEMBER ACTIVITIES

- 9/12 Angel Food September orders due to United Way / Jane Walsh
- 9/18 MO Committee Meeting / Dolores Sandmel  
7:00 pm at KUMC Annex
- 9/27 Angel Food distribution for September / Jane Walsh

## BOOK DISCUSSION GROUP

Bethel's book group meets on the last Friday of each month, at 1:30. Place of meetings varies; check with the church office for details. The selection for September is *Big Russ and Me*, by Tim Russert.

## CHRISTIAN EDUCATION

The adult Sunday School class led by Mark Banker will begin Peter Gomes' *The Scandalous Gospel of Jesus: What's So Good About the Good News* on Sunday 9/14. Several years ago we very much enjoyed Gomes' *The Good Book*, and we look forward to another round with this provocative author. Our informal sessions are best when they are informed by a variety of insights and perspectives, and we welcome newcomers who enjoy sharing in constructive dialog. We meet in a downstairs classroom in the Methodist Church's educational wing. For more details, e-mail [mark\\_banker@webbschool.org](mailto:mark_banker@webbschool.org) or call 376-2118 (evenings).

A joint Bethel/KUMC Sunday School class is starting for parents of young children. The class will meet in the KUMC Annex; Rick Ross is the contact person (376-8878, email [rick\\_ross@bellsouth.net](mailto:rick_ross@bellsouth.net)).

The evening study of *The Book of Revelation* will resume on Tuesday, September 2 at 7:00 in Bethel's office space in the annex.

## DESIGN AND DEVELOPMENT

We're Raisin' the Roof! It is certainly exciting to turn the corner of Kentucky and Church streets and see what's new each day! The elevator shaft is just about finished, the trusses are mostly in place for the gathering area, and you can now see how the sanctuary space is being enlarged. One or more members of the Design and Development committee are on hand after church each Sunday to answer your questions, so feel free to stop by. Just remember – it is a construction zone, so watch out for things like rocks, nails, dirt, and uneven ground. Access to the site is limited for everyone's safety. If you should need to enter the site when workers are present, please see Dick Maynard, site superintendent.



## YOUTH NEWS

Most importantly, I want to thank Session for supporting my work with our Youth by naming me the current Youth Director. I am working alongside Regina Little and Rob Kring from KUMC, and I'm happy to announce that our numbers are growing, as well as the relationship between Bethel and KUMC students. We are very interested in establishing a group mentoring/teaching program and I welcome anyone who has time to spare or a skill, talent, or even a special place to contact me and volunteer your time. I am also specifically looking for a parent of one of our students to volunteer to serve on our planning team. This requires attending the meeting once a month on a Sunday from 5pm to 6pm. Let me know if you are that parent! Finally (for now) we need volunteers to supply snacks and drinks once a month for the youth. I can be reached at 394-6605.

The Middle School Retreat is upon us! The dates of the retreat are Friday October 3 through Sunday October 5 - ending after worship on Sunday morning.

Early Bird Registration is September 14 - let's try to save \$10 and get everyone registered by then. If that is not possible, the deadline is September 21.

Youth Council members must fill out a registration, however there will be no charge for them to attend.



God's grace!  
Denise Martin

## PRESBYTERY NEWS

Various members of Presbytery are continuing to serve alongside the Red Cross and East Tennessee VOAD (Volunteers Offering Assistance at Disasters) to help with disaster response, both in and outside of our area. There are still groups of folks going to the Gulf Coast to help with the Katrina recovery efforts. In addition, we have opportunities to go to other areas to help out (a recent appeal was for folks to help "muck out" after the recent flooding in Iowa), and are participating in training so that we can be prepared in case of a health emergency. If you would like to help with your time, talents or money, you can check Presbytery's website for opportunities, or contact Rev. Fritz Schilling at: [fbschill309@knology.net](mailto:fbschill309@knology.net) or 865-691-4548 with your ideas, questions, etc.

## BETHEL AUTUMN GAMES

We are looking forward to hosting the Bethel 2008 Picnic, Sunday afternoon, September 28, beginning at 3:00. With apologies to China we are billing this as Bethel's Autumn Games. There will be options for Ring Toss (2), Bocci Ball, Volleyball, horseshoes, Frisbee toss. Bring your favorite TOY. About 3:30 we plan to launch "some silly games", that require little or no skill. To make this happen, we will need adults to participate, along with our youth and children. We will need "cheerleaders" for the team competition, and some individual competitors.

By 5:00 the games will be complete, including the "Metals". We will enjoy a Picnic supper, with chicken and Hot Dogs and trimmings. Participants are asked to bring "finger food" for desserts. By 6:00 we will move to the Camp Fire with "S'mores" and Camp Fire Songs, led by Phil Walsh and Joni Morgan. We will close before 6:30 with prayer.

Directions will be available. REMEMBER TO BRING LAWN CHAIRS — Marge, Teresa and Dick Hettrick



## PRESBYTERY LUNCHEON

On September 8 at noon, First Presbyterian Church of Knoxville is hosting a presbytery lunch with Amy Pauw, theologian and seminary professor at Louisville Seminary. Her theme will be "African Theology for North American Pastors." Dr. Pauw is an engaging theologian committed to the ministry of Christ in the church. Come for both the stimulating discussion of faith and the fellowship with other church leaders. Email alyssa@fpcknox.org or call the church (865-546-2531) so that there can be an accurate count for lunch.

## WOMEN'S FALL SMALL GROUP

Begins Wednesday, September 10  
6:30 in the Ministry Center  
Questions? Call Regina Little 376-6337

## NOTES AND LETTERS

Dear Church Friends,

I could use a little help to keep me and my brother Charlie safe. We are allergic to nuts. All nuts – even little ground up pieces of nuts. Charlie is even super allergic to Peanuts. Some of the food you bring to church looks really great to a hungry little guy like me but I can't eat it. Now that I can read a little, I will stay away from anything with a NUT label. Just let me know. Other grown-ups can help my brother that way too. Thanks for helping me. Please keep the delicious foods coming. Your friend, Henry Coen

Thank you, thank you. Words cannot express my gratitude for all your prayers and cards. I will try to work hard so I can return to church as soon as possible. Sincerely, Lucy Webb

## IN COMING MONTHS

### STEPHEN MINISTRY CALENDAR CHANGE

Due to my returning early from the Stephen Leader Training Conference last week, a decision has been made to begin the Stephen Ministry class during the early part of 2009. Since I left on Monday, a significant portion of the registration fee will be applied to a future conference. I am making plans to attend the Leader Training Conference January 11 – 17, 2009, in Orlando so that I will be fully prepared with the complete training. Dates for this class will be set soon so be watching for details and info. In the meantime, thank you to those who are answering the call to be a Stephen Minister in Kingston. Holley Lopater, Pat Harvey and I will be working together to make this class meaningful for everyone involved—Care Receivers, Stephen Ministers and the congregations of Kingston United Methodist Church and Bethel Presbyterian Church. Peace, Sue Lynn

### CHURCH HIKE PLANNED

We have plans for a joint church hike with KUMC on Sunday 10.26 after the 10:30 worship and that we will provide more details in the October edition?

### BLESSING OF THE PETS

The Blessing of the Pets Ceremony will be at Fort Southwest Point on Sunday October 12<sup>th</sup> at 3 P.M. Reverend Donald Morris and I will be leading the service which is a public expression of the bond we have with all animals. Our pets are so much a part of our lives that they comfort us when we are sad and share in our joy. This service is by no means only for children nor is this a Presbyterian or Methodist only service. This service is for all pet lovers of any age or denomination. In our call to worship, we join with our pets and with all animals to worship our Creator. In the Psalm, we call on all creatures to praise God. In our confession, we recall how we may have hurt or neglected animals. In the scripture readings, we discover how animals are part of the family of God in Eden, how animals are created with greater glory than that of Solomon, and how they join in praise with the angels around the throne of the Lamb.

In the service of the Blessing of the Pets, each pet will be brought forward individually and blessed by name. In that blessing Reverend Morris and I will ask that health, healing and life's blessing be given from God to the pet owner and the pet in their relationship.

All animals brought to the ceremony must be controlled by their owners. If your pet is nervous or does not interact well with others, please bring a picture of that pet- we can bless the pet through a picture. All dogs must be on a leash. Your pet must be cleaned up after.....(if they go to the bathroom). We expect the ceremony to last around 30 minutes. I look forward to seeing you there!  
Deb Hyder, Parish Nurse

### TELLICO TAPPERS IN TOWN

Tuesday, October 14, 2008 Roane State Community College Theatre  
10:30-11:30 A.M.  
Contact Susie Pela at 376-9848 to make reservations for your group

## Stewardship and Finance Committee Report Changes in Fund Balance

### July 2008

	Undesignated General Fund*	Special Des- ignated Funds	Building Fund**	Total Funds
Beginning Fund Balance, 7/1/08	\$ 72,338	\$ 160,905	\$ 224,551	\$ 457,794
Loan from Presbytery				-
July Income	13,895	1,971	9,202	25,068
July Expenses	(14,278)	(1,443)	(160,225)	(175,946)
Ending Fund Balance, 7/31/08	\$ 71,955	\$ 161,433	\$ 73,528	\$ 306,916

### Year to Date

	Undesignated General Fund*	Special Des- ignated Funds	Building Fund**	Total Funds
Beginning Fund Balance, 1/1/08	\$ 72,578	\$ 178,705	\$ 523,514	\$ 774,797
Loan from Presbytery				-
Income	106,522	2,180	117,767	226,469
Expenses	(107,145)	(19,452)	(567,753)	(694,350)
Ending Fund Balance, 7/31/08	\$ 71,955	\$ 161,433	\$ 73,528	\$ 306,916

\*Includes Reserve of \$40,000

\*\*Includes 2nd Century & Mansell Funds

*The value of the building based on insurance appraisal is \$1,339,000. Since the building is not yet complete, its value is not shown in the numbers above to give a more accurate picture of where we stand financially. We will be making draws from our construction loan very soon.*

As our building project progresses, we can now visualize what it will look like when it is completed. We will have a place to worship that maintains the old, familiar atmosphere while adding some new features that will make it easier for some of the older or less agile members to come be a part of our worship services. Joining the congregation at the Methodist Church has been a pleasure and they have made us all feel very much a part of their church lives, but we are all looking forward to moving "home".

We have now begun the loan portion of our financing and are starting to make monthly payments to the Presbytery and the bank. Many of you indicated that you would be willing to make monthly contributions to the building fund in addition to your regular giving to help cover the expense of these loan payments; several of you are already doing so. We realize that things are financially challenging for most of us at this time, but we wanted to let you know that payments are now being made and ask you to give as you are able.

Please keep us in your prayers as we work to manage the financial responsibilities not only of the building project but also of the day to day activities of the church. Thank you for all that you do for Bethel, the community and each other.

In God's Love,

Stewardship and Finance Committee

## God's Creation SCAVENGER HUNT

You can easily spot God's beautiful creation not just in majestic mountains and vast oceans but also in the smallest bits of nature. Try this fun activity at a park, in your backyard or on a hike.

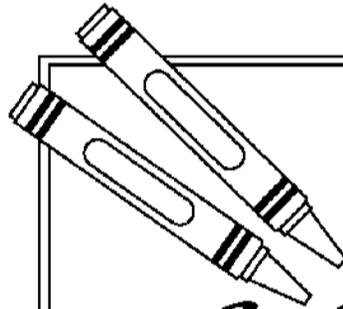
### What you need:

- Paper
- Pencils, pens or crayons
- Plastic cups or bowls



### What you do:

1. Write out the same list of items for each player. One person can do this ahead of time, or the group can determine what to hunt for. Items must be small enough to fit in the container provided. Suggestions include: flower, grain of sand or dirt, seed, blade of grass, feather, small stick, pebble, insect (preferably alive), leaf, thorn, berry and so on.
2. Give a list and a cup (or bowl) to each player.
3. Designate a place to search for items, as well as a time limit (for example, look in the backyard for 15 minutes).
4. During the scavenger hunt, enjoy seeing the beauty of God's creation in the tiniest things. Players should cross off items when found.
5. When time is up, compare items. Point out similarities and differences. Discuss why these items are so amazing. Share Bible verses or stories about some items (for example, Isaiah 40:8 talks about grass and flowers, 1 Corinthians 10:4 talks about Jesus' being our rock, etc.).



# Just for KIDS

## As for our family...

With school starting, schedules are getting busy again. Sometimes you might feel like you're going in too many directions and forgetting what's really important. Use the key below to remind you of where your family's real focus should always be.

	A	B	D	O*	N*	R*
KEY:	E	F	H	S*	T*	U*
	I	L	M	V*	W*	Y*



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JOSHUA 24:15B

# September 2008

	1	2	3	4	5	6
		Tues. night Bible Study resumes 7:00 p.m.				
7	8 Presbytery Lunch w/Amy Pauw @ FPC, Knoxville	9 NO Fun Lunch Parish Life Comm. 6:00 p.m.	10 Women's Small Group begins 6:30 p.m.	11	12 Angel Food Orders Due to United Way	13
14 Registration due for Middle School Retreat	15 CE Mtg. 5:00	16	17 NO Fellowship Supper	18 MO Comm. 7:00 pm	19	20
21 Session 12:30 p.m.	22	23	24	25 Book Discussion Group 1:30	26	27 Angel Food Distribution
28 Picnic at the Hettrick's 3:00 p.m.	29	30	<b>EACH WEEK:</b> Seniorcise: M/W/F 9:00 a.m. Spanish Class: M / 6p.m. in Kingston library, W 7 p.m. in KUMC Annex Bible Study / Book of Revelation / 7 p.m. Tuesdays in KUMC Annex Handbell Choir Rehearsal / Wednesdays 5:30 p.m. Choir Rehearsal / Wednesdays 7:00 p.m.			

## September Birthdays

- 1 Elaine Parker
- 2 Evelyn Waldrup
- 3 Tammy Holloway  
Lily Lowery
- 4 Lisa Pickel  
Shara Cross
- 6 Betty Foy  
Kathy Francis
- 7 Laura Thomas
- 10 Bobbie Martin
- 12 Marilyn Gaffin  
Jacob Murr  
Amber Jacks
- 14 Laura Dailey
- 15 Sue Jones
- 18 Jerry Morris  
Betty Ulrich
- 19 Joan Pemberton  
Corey Preston
- 20 Pat Harvey
- 25 Frank Kornegay
- 27 Frank Harris  
Dianne Russell  
Bill Shenk
- 29 Jeanette McElhinney
- 30 Marianne Shadden

## Prayer Reminders

The members and regularly attending friends of Bethel are assigned to elder care groups. Each month, we publish the list of one or more elder care groups in the newsletter for your prayers. The elder's name and phone at the top of the list are listed as a reminder of their role in nurturing and supporting those who belong to Bethel. You should feel free to contact your elder or the pastor if you have a particular spiritual need or other matter that needs to be brought to our attention.

**JULIE BUNCH (08) 376-2983**  
 Cantrell, Sara  
 Condon, Jim & \*Gisela  
 ^Davis, Al & Dot  
 Hale, Pat  
 \*Hall, Betty  
 \*Harmon, Melanie  
 Hensley, Dana  
 Hettrick, Teresa  
 ^+Hutchison, Reid  
 McNew, Carolyn  
 Parker, Jan  
 +Simpson, Rebecca  
 Smith, Marci & Tim,  
 ~Joshua  
 Strickling, Larry & Brenda  
 Walker, Laura  
 +Wolfenbarger, Pamela  
 Wolfenbarger, Raymond & Lucy

**JOE COEN (09) 376-9033**  
 (Amy, ~Julie, ~Charlie, ~Henry)  
 Barrett, Simon  
 Cantrell, Charlie  
 Harris, Frank & Marilyn  
 \*Jackson, April  
 McGill, George & \*Mary Lee  
 McGill, Jared  
 McGill, Scott & Julie,  
 ~Thomas  
 Mounger, Charlie & Madge  
 Oonk, Mariana & Lyric  
 Rivera  
 Oonk, Anneke  
 Ostby, \*Brien & +Dee Ann  
 \*Phillips, Rick & Shane  
 Poland, \*Ben & Veronica,  
 \*Lucas  
 Steele, \*Kirk & \*Elaine,  
 \*Jennifer  
 +Thornton, Russell  
 Walton, Lil  
 Woodard, James & Marlene  
 Woodard, Jamie



\*non-member  
 ^shut-in  
 +inactive  
 ~baptized roll

**Bethel Presbyterian Church**  
203 South Kentucky St.  
Kingston, TN 37763

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Kingston, Tennessee

**To Reach Us:**

Phone: (865) 376-6340

Fax: (865) 376-6390

On the Web: [www.bethelpcusa.org](http://www.bethelpcusa.org)

**Staff**

Minister: Rev. Marc Sherrod, ThD

Pastor Emeritus: Dr. Richard Hettrick

Parish Associate:

Rev. Pat Harvey

Administrative Assistant: Sandra R. Tallant

Parish Nurse: Debbie Hyder

Youth Group Director: Greg Murr

Choir Director: Laura Walker

Bell Choir Director: Chris Badger

Treasurers:

Disbursement: Linda Brown

Receipts: Larry Strickling

Nursery Worker: Linda Gerth

Custodian: John Carter

**Session**

**2008**

Julie Bunch

Danny Holloway

Anita Richmond

Karen Schall

**2009**

Carol Brown

Joe Coen

Gary Griffith

Dolores Sandmel

**2010**

Steve Jacks

Bobbie Martin

Margaret Murr

Phil Walsh

**Clerk:** Cathy McDowell

