

YOUTH NEWS

Bethel high school and middle school youth continue to enjoy great service opportunities, Christian growth, fun and fellowship, together with our friends at Kingston United Methodist. Some recent highlights include creating a Christmas float with large wrapped boxes and the slogan, "The Greatest Gift of all -- Jesus Christ" that we entered in the Kingston Christmas parade. About 15 youth from the two congregations helped Marc, Melanie, Regina, and Rob distribute (throw/hand!) candy to excited youth along the route. The youth Christmas party was this past Sunday, including fun and games and the exchange of small gifts among the group. Later in the afternoon, children in Roane County whose parent is in long-term prison incarceration joined us for food, Santa, and the giving of gifts that the youth had purchased the presents with funds they had raised. This outreach was coordinated through KUMC's involvements in prison ministry. Our combined youth groups also plan to go caroling on December 21 to Harriman Health Care Center and to NHC in Oak Ridge, ending up at the Nancy and Vic King's party. Stay tuned for updates on retreats, Youth Summit, and other events upcoming on the calendar. Our hosting of the 10,000 Villages in early November was also a great success. We are grateful for the leadership Denise Martin provided as youth minister as she steps aside, and we welcome Rev. Sherrod as he assumes that role. Remember, Denise is signing up youth or adults of all ages to help with the Salvation Army bell ringing bucket for this Saturday, December 20!

Our appreciation to Orlando Vanegas, who as part of his responsibilities with John Knox's Covenant Partner program, provides a children's sermon on the second Sunday of each month as well as assistance to the Youth Directors. We're proud of Orlando and his wonderful gifts for leadership and service!

ENVIRONMENTAL STEWARDSHIP (GREEN TEAM)

This is a true or false test. See how well you do. The Bethel Green Team thanks you for the great support over the past months. Come to future Family Night Suppers to see just how much we have reduced our waste material and find out the answers to the T/F questions.

If I take my dishes, glassware and utensils to Family Night Supper and then take them home to wash, it will:

- A. save oil and other nonrenewable resources. (T/F)
- B. save space in the landfill. (T/F)
- C. save time and work for kitchen volunteers (T/F)
- D. be a simple reminder of a lifestyle change. (T/F)
- E. be a teaching moment for "children" of all ages. (T/F)

NOTES & LETTERS

"I want to thank you for your prayers, thoughts, get-well wishes and visits and keeping Bill company while I was in surgery. Your prayers made a difference. The surgery was successful and I am back home now. I feel so blessed to have two wonderful Church families. I love you and appreciate you very much."

—Marianne Shadden

The Presbytery's Older Adult Ministry is undergoing a time of transition and evaluation. If anyone has ideas for this team or would be interested in serving on this team please contact Evelyn Flores (evie101@chartertn.net) or Lina R. Hart (865-388-2381 or 423-877-2422) by February 4, 2009.

Dear Bethel Knitters -

Please bring your completed Hats for Homeless Children to church on Sunday, or leave them for me (with my name on the bag) in the church office. We want to get them turned in prior to Christmas. We have 9 beautiful hats ready to go, and with luck I'll have another one finished by Sunday bringing us to 10.

If you are still knitting, that's fine. Any time you complete a hat (or 2 or 3) let me know and if it's still cold weather, I'll get it/them distributed. If it's not winter, I'll store them for next year.

Are you receiving this e-mail and wanting to give knitting a hat a try? The directions are below. Hats are easy to make, they are loved by recipients, and knitting them is great exercise for your hands.

Best wishes,

Jill McMaster

120 Vista Dr. / Kingston, TN 37763-6502
865-717-3767

Hats for Homeless Children:

Size #10 needles

Red Heart acrylic yarn (or other worsted, medium weight acrylic yarn)

Approximately 2.5 ozs. (half of a skein with lots leftover)

Cast on 69 sts.

K3 P1 ending with a K1. All rows repeat this pattern

Continue until hat measures 9 inches.

Decrease starting on right side

Row 1: K2 together (one left over-K)

Row 2 & 4: P (entire row)

Row 3: K2 together (one left over-K)

Row 5: K2 together (none left over)

Measure yarn to 3 lengths of hat. Cut yarn. Pull through remaining sts. Pull tight. Seam down side.

Optional pompon:

Wind 2", 100 turns, clip to form pompon

THE OPEN DOOR

VOLUME 5, ISSUE 12B LATE DECEMBER 2008

As promised, here is the second half of the Open Door for December 2008. Here are the events scheduled for the latter part of the month:

*Saturday,
December 20th*

SALVATION ARMY BELL RINGERS

9:00 AM – 5:00 PM

Two (2) volunteers are needed for each one hour block to ring outside both doors at the Kingston Food City – so 16 volunteers in all. Please call Denise Martin at 394.6005 or 376.6605 to sign up for your coveted hour!

*Sunday,
December 21st*

CHRISTMAS CAN- TATA during the 10:30 AM Worship Ser- vice.

JOY OFFERING
50% of your gifts are
distributed to the

Board of Pensions of the Presbyterian Church USA for Assistance Programs for current and retired servants of the church. 50% of your gifts are distributed to the 8 racial ethnic schools and colleges of the Presbyterian Church USA through the National Ministries Division to assist deserving students.

CHRISTMAS CAROLING will start at 4:00 pm in the Bethel parking lot on Sunday, December 21st. The caroling will end at the home of Vic and Nancy King, 602 Scenic Dr. at approximately 7 pm. Carpooling is suggested due to parking although we can handle 12 - 15 cars. Parish Life and the Kings will provide cold sodas, hot chocolate, coffee, plates, and cups. Carolers and party attenders (you can come even if you don't go sing) are asked to bring a



CHRISTMAS

snack. You are welcome to bring your food to the Kings prior to the caroling for refrigeration or warming up in time for the party. See you then.

*Wednesday,
December 24th*

CHRISTMAS EVE SER- VICE

We are planning to have a Christmas Eve Service, candlelight and communion, either in Bethel's old fellowship hall or possibly in the new sanctuary!! Depending on contractor's schedule, we probably won't know until the week of Christmas, but we hope you will plan to join us at 8pm regardless of which space we're in. If you'd like to attend an earlier Christmas Eve Service, the Methodist congregation will host a service that begins with music at 5:30 with

a service of communion following at 6 pm. Come, let us adore Christ, the new born King!

Sunday, December 28th

RECOGNITION OF COLLEGE STU- DENTS

Since many of our college/graduate school students will be home for the holidays, we'd like them to make a special effort to be in church on December 28. Hannah Sherrod will speak about vocational issues that tie in with her church leadership scholarship at Maryville College and her receipt of a fellowship from the Fund for Theological Education. Join us in thanksgiving for all of our students on this special Sunday after Christmas!

*Bethel Presbyterian Church — a community of faith,
fellowship, study and service...seeking God's peace, justice, and love.*

FROM THE PARISH NURSE

Documenting its use 1,000 years before the birth of Jesus, honey was a medicine known in ancient times. Today it is sometimes overlooked as insignificant beside the super-powered antibiotics. In November's *RN* magazine there was an article called "The Buzz on Infection Control" that caught my attention. In that article, it is explained that manuka honey from New Zealand can be used to cover chronic leg ulcers. Usually these lower leg ulcers are breeding grounds for all kinds of germs. During the treatment, the honey not only worked to heal the ulcer but almost single handedly wiped out the *Methicillin Resistant Staph Aureus*. In addition, there was decreased pain because of the manuka honey after only one week. What happens is this: when you spread the honey on the damaged skin the dampened skin combines with oxygen and forms glucose oxidase then gluconic acid and hydrogen peroxide. This means that diluted honey can serve as an excellent antiseptic, while being far less likely than ordinary hydrogen peroxide to harm already damaged tissue. So if you are looking for an alternative means to treat a pressure ulcer you might consider manuka honey.

I should mention one other thing you might not know. **Please do not ever feed any kind of honey to a child less than one year of age.** Honey sometimes contains *Clostridium botulinum* spores. Although they're inactive in the honey itself, once inside a digestive tract they can multiply and cause a potentially fatal disease of the nervous system called infant botulism. However, by the time of a child's first birthday, there are usually enough beneficial bacteria in the digestive tract to make it an inhospitable environment for the *Clostridium botulinum*, meaning that honey can be eaten safely.

I hope you have a happy and safe holiday season.....Deb

WITH GRATEFUL HEARTS

The following is the text of the remarks made by Elder Julie Bunch as she made the presentation of special songbooks to Kingston United Methodist Church, as a token of our appreciation for all their gracious hospitality in the past year.

About one year ago, the Bethel Session was nearly in a panic! The renovation and expansion of our facility was getting ready to begin and we had not found an appropriate or affordable place to continue to worship, study, and keep our flock together during the construction. What were we going to do?

And then something extraordinary happened—a proposal came to us to join with our neighbors, the Kingston United Methodist Church for all of their regular worship and education! Even though we were neighbors, we were somewhat strangers. We may have come together around projects or activities over the years, but we really didn't know one another. And the proposal wasn't completely planned out...just a basic invitation; we'd work out the details as we went along...so we leaped—Methodists and Presbyterians...it was an act of blind faith. And it was scary...

Even the larger community questioned what was happening... Methodists and Presbyterians aren't exactly alike, you know. Churches split when they don't agree. How's that going to work?

But it did work...anxieties were alleviated, committees worked together, we've had a year of outstanding team preaching, the choir is huge! And nearly every Sunday there's been an opportunity to eat. And the community has watched, too...not only the progress of the building project, but more importantly, they've watched how two churches from two different denominations put all the little differences aside and practice what they preach—love God, love one other, and find unity in Christ.

Bethel has been truly blessed by your hospitality. There is no way that we could ever repay this kindness. Words are insufficient to tell you how truly grateful we are for your continued love, support, and encouragement as we've renovated and expanded our facility.

I believe our partnership has given us an opportunity to share in the Kingdom here on Earth as it is in Heaven. Sometimes the Kingdom seems above and beyond us—always just out of reach—but it's been here with us as we've joined together in worship, in fellowship, in study, in mission and ministry. We found the Kingdom by coming together! The Kingdom is not out of reach and I hope that as Bethel moves back across the street that we don't lose this—that we continue to love, support and encourage each other as friends, as Christians.

By now, you've probably found the new Praise & Worship Songbooks in your pews. On behalf of Bethel Presbyterian Church, I'd like to now formally present these to Kingston United Methodist Church with gratitude for our season of partnership in worship and ministry.

"Let the peace of Christ rule in your hearts, to which indeed you were called in the one body...Let the word of Christ dwell in you richly...with gratitude in your hearts sing psalms, hymns, and spiritual songs to God". (Colossians 3: 15-16)

Joy, gratitude, love—these bind us together in Christ's community of faith. May the sound of our collective voices, heard in praise to God during the year of our Lord 2008, remind us of our common call to witness and service.

Thank you, Kingston United Methodist Church, for your generous hospitality and your warm embrace in welcoming us amongst you! Thank you!

MEMORIALS

Memorial gifts received in the month of November:



In memory of Madge Benfield from:
 Carolyn Tilley
 Nancy and Clay Landers
 Bettylee Green
 Paula Terry
 Christ Church, Little Rock, Arkansas
 Lowell and Kathryn Grisham
 Caroline H. Stevenson

In memory of Shirley Lumpkins from:
 Nancy and Clay Landers
 Mrs. William F. Searle III

In memory of Katherine Hines from:
 Nancy and Clay Landers

In memory of Bryan Walker from:
 Nancy and Clay Landers



THIS 'N THAT

The 2009 Adult and Children's Mission Year Books are available in the Narthex and in the church office.

Good News:

Julie Coen will compete in the Roane County Spelling Bee January 8. Julie won the Cherokee Middle School Bee on the nineteenth round.

A MISSION OPPORTUNITY

Even as we get excited about our nearly-completed building project, let's not forget that a primary reason for the church's existence is mission. Below is a letter that reminds us of the ongoing needs of areas devastated by natural disaster. Please let Marc Sherrod or a member of the Mission Outreach Committee know if you'd like to be a part of this Spring 2009 presbytery trip to help repair the brokenness.

FROM: Fritz Schilling, Disaster Response Coordinator



SUBJECT: Setting up a Presbytery-wide trip to either the Gulf (Bay St. Louis) or Texas (the Beaumont area after Hurricane IKE)

In talking with Rick Kuhlman, Elder from Second Presbyterian, Knoxville and leader of a number of Disaster Response and Rebuilding trips in the wake of Hurricane Katrina-Rio, he is helping us put together a trip for the Spring of 2009!!! We want your participation with folks from your church who might be interested!!! A contact is being made in the Beaumont, Texas where the need is basic in that homes need to be "mucked out" or cleaned from the mess left by the Hurricane OR to the Bay St. Louis area of Mississippi where there is still major rebuilding work needed!

Depending on what our interest is, followed by the skill level of those interested, we will put together a trip. Once 6-10 people are interested we will develop time, place, cost and details of such a trip. We have contacts with numerous skilled leaders plus a wonderful relationship with a church in Bay St. Louis that has developed a facility capable of housing many people for \$20/day for food, dormitory housing with beds and mattresses plus hot showers!!! Can't beat that!!

In response to this letter (1) circulate this request in your congregation; (2) send me or have people e-mail or call me (fbschill309@knology.net 865-691-4548) if they have even a hint of interest; and I will contact each person as to when they might best be able to go down for a week!!!

Hope we can put something together,
 Fritz Schilling

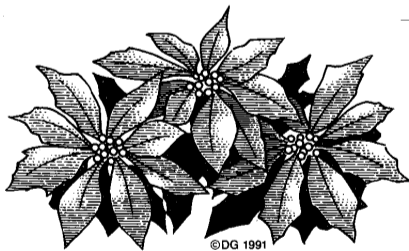
P.S. There is a major trip of college and high school students already in the works for a trip at Spring Break -- March 14-22. Both U.T. and local high schools have the same Spring Break schedule.

December 2008

Please note that schedules may change due to the holidays. Please check the Sunday bulletin for the latest times.

	1 Kingston Christmas Parade	2	3	4	5 Roane Choral Soc. Christmas Concert 7:00 @ South Harriman Bapt.	6 Planning for Growth/Greeter Workshop 10-12 Noon
7 Congregational Meeting after worship	8 Deadline for Angel Tree Gifts CE Mtg. 5:00 S&F Mtg. 7:00	9 No Parish Life meeting in December	10 Book Group Lunch @ Gibson Girls Christmas Play Dress Rehearsal	11	12 Christmas Basket Assembly 1:00 / KUMC Fellowship Hall	13 Christmas Basket Distribution 9-12 Noon
14 Band Concerts 2:00 Twinkle and the All Star Band 6:00 Session 7:00	15	16	17 P&P 5:30 No Fellowship Supper in December	18	19	20 Salvation Army Bell Ringers @Food City 9:00-5:00
21 Cantata Joy Offering Christmas Caroling/ Fellowship at Kings'	22	23	24 Christmas Eve Services 5:30 @ KUMC 8:00 @ Bethel	25	26	27
28	29	30	31	EACH WEEK: Seniorcize: M-W-F 9:00 AM Spanish: Mon. 6 PM, Kingston Library Wed., 7 PM, KUMC Handbells: 5:30 PM Wednesday Choir: 7:00 PM Wednesday Childrens' Choir: 8:30 AM Sunday		

In Our Prayers



Hospital

Bruce Murr Roane Medical Room 303

Assisted Living and Nursing Homes

Jamestowne 851 Lawnville Road, Kingston 37763

Nelle Griffith, Room 206; Louise Pickel, Room 209; Mac Robbins, Room 305

Wellington Place 1098 Bradford Way, Kingston 37763

Joan Pemberton, Room 306B; Jan Parker, Room 107

Baptist Healthcare 700 Williams Ferry Rd 45 Lenior City 37771

Evelyn Waldrup, Room 42A

The Bridge at Rockwood 5580 Roane State Hwy Rockwood 37854

Marnie Shields, Room 314; Bruce Murr, Room 207A;
Roberta Cash, Room 201B; Margaret True, Room 212B;
Gene Pierce, Room 209

Harriman Healthcare 240 Hannah Rd Harriman 37748

Anne Robertson, Room 209; Ruby Hunter, Room 305A

NHC Oak Ridge 300 Laboratory Rd Oak Ridge 37830

Wanda Carter, Room 212

Greenfield Assisted Living 360 Laboratory Rd Oak Ridge, TN 37830

Doris Barber, Room 322

Brakebill, 5837 Lyons View Pike, Knoxville, TN 37919

Anne Smith, Room 217

Home

Dot and Al Davis, Fern Stackpole, Danny Skinner, Molly Cooper, Glenda True
Everett, David Cross, Betty Baird Brown, Lucy Webb

December Birthdays

- 1 Mac Robbins
- 2 Chuck Allen*
- 12 John Walker
- 14 Bob Jones
- 16 Ted Dailey
- 22 Tom Pickel, III
- 23 Madge Mounger
- 26 Reid Hutchison
- 28 David Standridge
- 29 Brennan Foy
Jim Schall